

SOUPS

SOUP OF THE DAY

Served with crusty bread & butter £3.75

(v) SOUP AU PESTO

Chunky tomato soup with courgette, aubergine & white beans finished with our own basil pesto & served with crusty bread £3.95

SANDWICHES

Freshly prepared on white, wholemeal bread or granary rolls with a choice of filling all served with dressed garnish

PARMA HAM

With Dolcelatte & plum tomatoes £4.95

FRESH POACHED SALMON

With pickled capers & mayonnaise £4.95

SMOKED SALMON

With cream cheese & leaf salad £4.95

BLT

Bacon, lettuce, tomato & mayonnaise £4.75

(v) CHEDDAR CHEESE

& TOMATO £4.50

(v) FRENCH BRIE

With sunblushed tomatoes £4.75

PASTRAMI & WENSLEYDALE

£4.95

ROASTED CIABATTA

Served with salad selection & coleslaw, choose from the following:-

CHICKEN BREAST

With smoked bacon & crème fraiche £5.95

(v) ROASTED VEGETABLES

& FETA £5.95

MELTED BRIE & BACON

£5.95

(v) STILTON & SLICED PEAR

£5.50

CUMBERLAND SAUSAGE

With honey mustard £5.75

(v) MELTED CHEDDAR

With onion marmalade £5.50

SALADS

All served with crusty bread & butter

PRAWN & SMOKED SALMON

Served with capers, lemon & marie rose sauce £8.50

(v) MARINATED ARTICHOKE

Kalamata olives & parmasan shavings with continental leaves in our special dressing £7.50

ITALIAN ANTIPASTO

An assortment of roasted vegetables, parma ham and home made pickles served with crusty bread & continental leaf salad. £8.95

GREEK SALAD (v)

Cucumbers, tomatoes, plump olives, feta cheese, hummus & dressed leaf salad £6.95

CHILDRENS MEALS

Soup £2.95

Choice of Sandwiches & Crisps £3.50

Spaghetti pomodoro (tomato sauce) £4.25

Chicken Positano £4.50

LUNCH SERVED 12PM-3.30PM

SEE BOARDS FOR LUNCH TIME ADDITIONS

GRILLED FIELD MUSHROOMS (v)

With melted goats cheese, dressed continental leaf salad & pesto £7.25

LARGE BOWL OF FRESH MUSSELS

In a spicy tomato & herb sauce, served with spaghetti pasta & parmesan £8.95

OR

In a creamy shallot, garlic & parsley sauce served with crusty bread £8.95

PENNE PASTA (v)

With roasted peppers, courgettes & aubergines topped with fresh grated parmesan & torn basil £7.95

PAPPERDELLE PASTA (v)

With home made basil pesto & grated parmesan £7.50

DESSERTS

Vanilla bean crème brulee £4.50

Sticky Toffee Pudding with ice-cream £4.50

Sachertorte £3.50

ICE-CREAM

Choose from:-

Vanilla, Chocolate, Strawberry, Blackcurrant or Toffee

3 Boules £2.75

2 Boules £1.95

CAKES

Croissants / Pain au Chocolat £1.50

Scone with butter £1.75

Scone with butter, jam & cream £1.95

Caramel Shortbread £1.75

Tiffin £1.75

Flapjack / Granola £1.75

Carrot Cake £2.85

Honey, date and banana loaf £1.95

Tea bread with cheese £1.95

Tea bread without cheese £1.75

DRINKS

	REG	LRG
Fresh Coffee	£1.30	£1.60
Espresso	£1.35	£1.65
Espresso Macchiato	£1.50	£1.70
Americano	£1.30	£1.60
Cappuccino	£1.75	£2.30
Caffe Latte	£1.75	£2.30
Mocha	£1.85	£2.50
Hot Chocolate	£1.85	£2.50
Hot Chocolate & Marshmallows	£1.95	£2.70
Freshly Brewed Tea - <i>per person</i>	£1.25	
Flavoured Syrups - <i>Orange, Caramel or Vanilla</i>	35p extra	
Soya Milk	35p extra	

Earl Grey, Darjeeling, Peppermint, Camomile, Honey & Vanilla or Fruit Tea
Served with milk or lemon £1.50

Glass of Milk £1.10

MILK SHAKES

Made with ice-cream & double cream -
Strawberry, Chocolate, Vanilla £2.50

FRUIT JUICES

Orange, Pineapple, Apple £1.50

Bottlegreen Pressé £1.75

Mineral Water Still or Sparkling £1.25

Coke Diet Coke, Lemonade or Ginger Beer £1.50

J20 £1.75

House wine by the glass 125ml £3.45

House wine by the glass 175ml £3.95

(Wine List available)

Westons Organic Cider 500ml £3.80

LAGERS

Carlsberg Pilsner 275ml £2.50

Budvar 500ml £3.50

SPECIALITY BEERS

(All 500ml)

Cockerhoop £3.80

Black Sheep Ale £3.80

Jennings Sneck Lifter £3.80

Cumberland Ale £3.80

Coniston Bluebird £3.80

Theakstons Old Peculier £3.80

Tirril Brewery Penrith £3.80

Hawkshead Gold £3.80